

Dickey's Barbecue Pit Allergens



| Proteins | Egg | Fish | Milk | MSG | Other Gluten | Peanuts | Shellfish | Soy | Sulfites | Tree Nuts | Wheat |
|--------------------------|-----|------|------|-----|--------------|---------|-----------|-----|----------|-----------|-------|
| Brisket | N | N | N | N | N | N | N | N | N | N | N |
| Brisket Burnt Ends | N | N | N | N | N | N | N | N | N | N | N |
| Chicken Breast | N | N | N | N | N | N | N | Y | N | N | N |
| Chicken Wings | N | N | N | N | N | N | N | N | N | N | N |
| Hot Links | N | N | Y | N | N | N | N | N | N | N | N |
| Jalapeno Cheddar Sausage | N | N | Y | N | N | N | N | N | Y | N | N |
| Polish Kielbasa | N | N | N | N | N | N | N | N | N | N | N |
| Pork Burnt Ends | N | N | N | N | N | N | N | Y | N | N | N |
| Pork Butt | N | N | N | N | N | N | N | N | N | N | N |
| Ribs | N | N | N | N | N | N | N | Y | N | N | N |
| Turkey | N | N | N | N | N | N | N | N | N | N | N |

| Side Items | Egg | Fish | Milk | MSG | Other Gluten | Peanuts | Shellfish | Soy | Sulfites | Tree Nuts | Wheat |
|------------------------|-----|------|------|-----|--------------|---------|-----------|-----|----------|-----------|-------|
| Asiago Creamed Spinach | N | N | Y | N | N | N | N | Y | N | N | Y |
| Baked Potato Casserole | N | N | Y | N | N | N | N | Y | N | N | N |
| Barbecue Beans | N | N | N | N | N | N | N | N | Y | N | N |
| Brisket Chili | N | N | N | N | N | N | N | Y | N | N | N |
| Cabbage Slaw | Y | N | N | N | N | N | N | N | N | N | N |
| Cole Slaw | Y | N | N | N | N | N | N | N | N | N | N |
| Green Beans | N | N | N | N | N | N | N | N | N | N | N |
| Jalapeno Beans | N | N | N | N | N | N | N | N | N | N | N |
| Potato Salad | Y | N | N | N | N | N | N | N | N | N | N |
| Waffle Fries | N | N | N | N | N | N | N | N | N | N | N |
| Caesar Salad | Y | N | Y | N | Y | N | N | Y | N | N | Y |
| Mac and Cheese | Y | N | Y | N | N | N | N | Y | N | N | Y |
| Onion Tangles | N | N | Y | N | N | N | N | N | N | N | Y |

| Toppers | Egg | Fish | Milk | MSG | Other Gluten | Peanuts | Shellfish | Soy | Sulfites | Tree Nuts | Wheat |
|----------------|-----|------|------|-----|--------------|---------|-----------|-----|----------|-----------|-------|
| Cheddar Cheese | N | N | Y | N | N | N | N | N | N | N | N |
| Jalapenos | N | N | N | N | N | N | N | N | N | N | N |
| Onions | N | N | N | N | N | N | N | N | N | N | N |
| Pickles | N | N | N | N | N | N | N | N | N | N | N |

| Sauces | Egg | Fish | Milk | MSG | Other Gluten | Peanuts | Shellfish | Soy | Sulfites | Tree Nuts | Wheat |
|-------------------------|-----|------|------|-----|--------------|---------|-----------|-----|----------|-----------|-------|
| Buffalo Sauce | N | N | N | N | N | N | N | N | N | N | N |
| Carolina Barbecue Sauce | N | N | N | N | N | N | N | Y | N | N | N |
| Lemon Pepper | N | N | N | N | N | N | N | N | N | N | N |
| Original Barbecue Sauce | N | N | N | N | N | N | N | Y | N | N | N |
| Rib Rub | N | N | N | N | N | N | N | N | N | N | N |
| Spicy Barbecue Sauce | N | N | N | N | N | N | N | Y | N | N | N |
| Spicy Buffalo Sauce | N | N | N | N | N | N | N | N | N | N | N |
| Sweet Barbecue Sauce | N | N | N | N | N | N | N | Y | N | N | N |
| Texas Hot Sauce | N | N | N | N | N | N | N | Y | N | N | N |

Dickey's Barbecue Pit Menu Analysis Book for Holiday Items

| Side Items | Total Calories (kcal) | Fat Calories (kcal) | Total Fat (g) | Saturate d Fat (g) | Trans Fat (g) | Choleste rol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) | Vit A (iu) | Vit C (mg) | Calcium (mg) | Iron (mg) |
|--|-----------------------------|---------------------------|------------------|-----------------------|------------------|----------------------|----------------|--------------------|-----------|---------------|----------------|------------|---------------|-----------------|-----------|
| Cornbread Stuffing Allergens (US): barley, egg, malt, milk, soy, wheat Cornbread Stuffing (6 ounces) | 225 | 122 | 14 | 2 | 0 | 38 | 1155 | 23 | 2 | 3 | 5 | 150 | 2 | 30 | 2 |
| Turkey Gravy Allergens (US): milk, msg, soy, wheat Turkey Gravy (0.5 cups) | 63 | 24 | 3 | 2 | 0 | 0 | 543 | 9 | 0 | 0 | 0 | 0 | 0 | 2 | 0 |
| Desserts | Total Calories (kcal) | Fat Calories (kcal) | Total Fat (g) | Saturate d Fat (g) | Trans Fat (g) | Choleste rol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) | Vit A (iu) | Vit C (mg) | Calcium (mg) | Iron (mg) |
| Bourbon Pecan Pie Allergens (US): egg, milk, tree nuts, wheat Bourbon Pecan Pie (1 slice) | 390 | 153 | 17 | 6 | 0 | 60 | 370 | 55 | 1 | 31 | 4 | 0 | 0 | 45 | 1 |
| Meats by the Pound Items | Total Calories (kcal) | Fat Calories (kcal) | Total Fat (g) | Saturate d Fat (g) | Trans Fat (g) | Choleste rol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) | Vit A (iu) | Vit C (mg) | Calcium (mg) | Iron (mg) |
| Cajun Fried Turkey Allergens (US): none Cajun Fried Turkey (6 ounces) | 240 | 108 | 12 | 3 | 0 | 100 | 2060 | 6 | 0 | 2 | 26 | 0 | 0 | 0 | 2 |
| Peppercorn Seasoned Prime Rib Allergens (US): soy Peppercorn Seasoned Prime Rib (6 ounces) | 420 | 297 | 33 | 14 | 0 | 98 | 780 | 3 | 0 | 0 | 26 | 0 | 0 | 23 | 3 |
| Pit Smoked Turkey Allergens (US): none Pit Smoked Turkey (6 ounces) | 200 | 63 | 7 | 2 | 0 | 90 | 1920 | 4 | 0 | 2 | 28 | 0 | 0 | 16 | 2 |
| Prime Rib Allergens (US): soy Prime Rib (6 ounces) | 360 | 203 | 23 | 8 | 0 | 113 | 945 | 2 | 0 | 2 | 30 | 0 | 0 | 0 | 0 |
| Smoked Turkey Allergens (US): none Smoked Turkey (6 ounces) | 280 | 126 | 14 | 4 | 0 | 100 | 1320 | 2 | 0 | 2 | 34 | 0 | 0 | 0 | 0 |
| Spiral Sliced Ham Allergens (US): none Spiral Sliced Ham (6 ounces) | 280 | 126 | 14 | 5 | 0 | 100 | 1680 | 4 | 0 | 4 | 32 | 0 | 0 | 0 | 1 |